



## *Carstairs Psychological Associates Ltd*

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### CURRICULUM VITAE

For  
Dr. Kari Carstairs

#### Qualifications

Diplomate	2011	American Board of Assessment Psychology Speciality: Forensic assessment
Registered Clinical Psychologist	2009	Health Professions Council
Certificate of Expert Witness Accreditation	2004	Cardiff University/Bond Solon
Chartered Psychologist	1993	British Psychological Society
Doctorate in Clinical Psychology	1991	Widener University (USA)
B.A. in Experimental Psychology	1982	University of Oxford

#### Awards

Distinction in Clinical Psychology Awarded May 1991 by the faculty at Widener University for highest academic and clinical excellence in psychology

#### Membership

British Psychological Society  
American Psychological Association (foreign affiliate)  
Society for Personality Assessment  
Expert Witness Institute  
British Rorschach Society (Vice President)

#### Work experience

##### Company director

Feb. 2006 – current

- Management of a team of associates providing expert witness services in civil, criminal & family cases

##### Private practice

April 1993 - current

- Individual psychotherapy for adults

(1)

**Dr. Kari S. Carstairs, Director**

Associates: Dr. Sarah Birch, Dr. Velma Bryan, Dr. Mia Debidin, Dr. Anura Rao, Dr. Andrea Shortland

Consultant: Dr. Robert Halsey

Registered in England & Wales No. 5657675

- Expert witness service
- Psychodiagnostic evaluation
- Teaching
- Supervision and consultation services

Oxleas N.H.S. Trust

May 1996 - January 1998

- Psychodiagnostic assessments
- Individual psychodynamic psychotherapy with adults in a specialist, tertiary Integrated Psychological Therapies Service

Adult Mental Health, Maidstone Priority Care N.H.S. Trust

November 1991 - April 1996

- Short-term psychotherapy service in primary care
- Long-term individual psychodynamic psychotherapy in multidisciplinary psychotherapy service
- Co-ordinator of psychodiagnostic evaluation service (assessment of patients, supervision of trainees, service planning and co-ordination of staff)

Philadelphia Child Guidance Clinic

June 1991 - November 1991

- Structural family therapy with families of children hospitalised with psychiatric problems
- Psychodiagnostic evaluations of children

**Internships (in USA)**

Widener University Counselling Center

1990 - 1991                      3 days a week

- Adult Children of Alcoholics support group
- Individual counselling for Widener students

Center for Early Childhood Services

1988 - 1990                      2 days a week

- Individual play therapy with abused and/or neglected children aged 2 to 6 years
- Psychodiagnostic testing of children aged 2 to 10 years

Metropolitan Consultation Associates

1988 - 1989                      1 day a week

- Individual psychodynamic psychotherapy in a private out-patient clinic with adults (Employee Assistance Plan)

- Couples and family therapy

#### Charter Fairmount Institute

1987 - 1988                      3 days a week

- Psychodiagnostic testing in a private in-patient setting with adolescents and adults, including dual diagnosis patients (drug and/or alcohol abuse combined with psychiatric problems)
- Group therapy

#### Delaware Valley Psychological Clinics

1986 - 1987                      2 days a week

- Individual psychodynamic psychotherapy in a private out-patient clinic with adults (HMO plan)
- Couples and family therapy

#### Irving Schwartz Institute

1985 - 1986                      2 days a week

- Individual play therapy with learning disabled children aged 7 to 10 years
- Psychodiagnostic testing

### **Previous work experience (prior to qualification)**

#### Cassel Hospital, Richmond

1984 - 1985                      Nursing Assistant

- Psychosocial nursing program in an in-patient psychoanalytic training hospital for adults

#### Kensington and Chelsea Housing Department, London

1983 - 1984                      Mobile Warden

- Community support and emergency services for the elderly at risk

#### Adolescent Unit, Long Grove Hospital, Epsom

1982 - 1983                      Nursing Assistant

- Nursing care of an anorexic boy
- Group therapy
- Family therapy
- Individual play therapy

#### Sonia Shankman Orthogenic School, Chicago, USA

Summer of 1981                Teaching Assistant

- Providing classroom support in a residential setting with emotionally disturbed adolescents

## **Publications**

Carstairs, K. (in press). Rorschach assessment of parenting capacity: A case study. *Rorschachiana*.

Carstairs, K. & McCarthy-Woods, J. (2010). Teaching the Rorschach in Hong Kong: A personal account. *Asia Pacific Journal of Counselling and Psychotherapy*, 1, 176-184.

Carstairs, K. (2006). When a baby dies. *PI Focus*, 16, 10-11.

Carstairs, K. (2005). Re S (a child): A psychologist's view. *Family Law Journal*, 35, 40-43.

Carstairs, K. (1997). The skull as symbol of death in one man's Rorschach. *Rorschachiana: Yearbook of the International Rorschach Society*, 22, 179-197.

Lavender, T., Callanan, M., Carstairs, K., Patel, N. & Thompson, L. (1996). *Wechsler Adult Intelligence Scale-Revised as a Neuropsychological Instrument: UK Examiner's Manual Supplement*. London: Psychological Corporation.

Carstairs, K., Okocha, C., Hemsley, D., Toone, B. & Sivakumar, K. (1995). An application of Shallice's response selection model to the symptoms of schizophrenia. *Neurology, Psychiatry and Brain Research*, 3, 211-218.

Elliott, S., Hodgson, C., Carstairs, K., Beach, K., & Parry, S. (1994). Setting up an audit in primary care. *Clinical Psychology Forum*, 65, 7-10.

Carstairs, K. (1992). Paranoid-schizoid or symbiotic? *International Journal of Psycho-Analysis*, 73, 71-85.

Carstairs, K. (1989). Becoming a Clinical Psychologist in the United Kingdom. *Professional Psychology: Research and Practice*, 20, 44-47.

## **Teaching and consultation**

- **Presenter**. The WAIS-IV (UK). Presentation to South Thames Learning Disability Faculty of the British Psychological Society. South London & Maudsley NHS Trust, 9<sup>th</sup> November 2010.
- **Trainer** (with Dr. Justine McCarthy Woods). Level One Training in the Rorschach Comprehensive System, hosted by the Asian Professional Counselling Association at Shue Yan University, Hong Kong. 26<sup>th</sup> to 30<sup>th</sup> May 2010.

- Trainer (with Dr. Justine McCarthy Woods). Projective Techniques workshop series for Applied Psychologists: Level One Training in the Rorschach Comprehensive System, Tavistock Centre, London. 24<sup>th</sup> & 25<sup>th</sup> September & 29<sup>th</sup> & 30<sup>th</sup> October 2009 and 21<sup>st</sup> & 22<sup>nd</sup> October & 18<sup>th</sup> & 19<sup>th</sup> November 2010.
- Member. British Psychological Society Committee on Test Standards from 2009.
- Guest speaker. Annual conference for Association of Lawyers for Children. Presentation entitled “The strengths and weaknesses of psychological tests in family cases.” 16<sup>th</sup> November 2007.
- Guest lecturer. South London & Maudsley NHS Trust. Teaching assessment of intellectual functioning & report writing to practising clinical psychologists. From 2005 to present.
- Guest lecturer. University of East London. Teaching psychodiagnostic assessment and psychodynamic psychotherapy to counselling psychology trainees. From 2001 to 2002.
- Accredited provider of continuing professional development courses. The Law Society. Seminars on psychological assessment for solicitors. From 2000 to 2002.
- Honorary Lecturer. University of Surrey. Teaching assessment of intellectual functioning to clinical psychology trainees. From 1999 to 2005.
- Research co-ordinator for WAIS-III standardisation project. Psychological Corporation. In charge of data collection for the S.E. Thames region. From 1997 to 1999.
- Honorary Lecturer. University of Greenwich. Teaching psychodiagnostic assessment for third year undergraduate students in psychology. From 1996 to 2002.
- Visiting lecturer. South Thames (Salomons) Clinical Psychology training programme, Canterbury Christ Church University College. Seminars for clinical psychology doctoral students in psychometric assessment and the WAIS-R/WAIS-III. From 1996 to 2004.
- Malingering on the MMPI-2. Lecture for South Thames Continuing Professional Development Study Day on Malingering and Emotional Factors in Neuropsychological Test Performance, June 27th, 1997.
- Recruitment of American psychologists. Consultation to Portsmouth Healthcare N.H.S. Trust, January 18th, 1996.
- Clinical training in the use of the Rorschach. Intensive training for psychologists in clinical applications of the Rorschach to psychodiagnostic problems, November 1995 to

April 1996.

- But it's only an inkblot! Two day introductory workshop on the Rorschach in the Continuing Professional Development program, South Thames Regional Training in Clinical Psychology, May 19th and 26th, 1995.

**Continuing professional education** (past 2 years only)

- Society for Personality Assessment annual conference, Boston, USA, 9<sup>th</sup> March to 12<sup>th</sup> March 2011
- International Association for the Study of Attachment Biennial Conference, Cambridge, 29<sup>th</sup> to 31<sup>st</sup> August 2010.
- Expert Witness Institute annual conference, London, 30<sup>th</sup> June 2010.
- Masterclass on the Rorschach with Dr. Reid Meloy, Portman Clinic, 27<sup>th</sup> January 2010.
- Risk Assessment training with the HCR-20, Dr. Stephen Hart, Croydon, Surrey, 9<sup>th</sup> & 10<sup>th</sup> December 2009.
- Society for Personality Assessment annual conference, Chicago, USA, 4<sup>th</sup> March to 8<sup>th</sup> March 2009.
- Bond Solon Annual conference for Expert Witnesses, London, 7<sup>th</sup> November 2008.
- Rorschach Assessment of Personality Disorder. Dr. Philip Erdberg, XIX International Congress of Rorschach & Projective Methods, Leuven, Belgium, 26<sup>th</sup> July 2008.