# <u>CURRICULUM VITAE</u>

## <u>For</u> Dr. Kari Carstairs

#### **Qualifications**

| Diplomate                                   | 2011 | American Board of Assessment Psychology |
|---|------|---|
|   |      | Speciality: Forensic assessment         |
| Registered Clinical Psychologist            | 2009 | Health & Care Professions Council       |
| Certificate of Expert Witness Accreditation | 2004 | Cardiff University/Bond Solon           |
| Chartered Psychologist                      | 1993 | British Psychological Society           |
| Doctorate in Clinical Psychology            | 1991 | Widener University (USA)                |
| B.A. in Experimental Psychology             | 1982 | University of Oxford                    |
| Bir i. in Emperimentar r sychology          | 1702 | emitting of emera                       |

<u>Current Training</u> I am in a four year psychoanalytic training with The Site for Contemporary Psychoanalysis from January 2013.

#### Awards

<u>Distinction in Clinical Psychology</u> Awarded May 1991 by the faculty at Widener University for highest academic and clinical excellence in psychology

**Membership** British Psychological Society (associate fellow)

American Psychological Association (foreign affiliate)

Society for Personality Assessment (fellow)

**Expert Witness Institute** 

British Rorschach Society (Vice President)

## **Work experience**

## Company director

Feb. 2006 – current

 Management of a team of associates providing expert witness services in civil, criminal & family cases

#### Private practice

## April 1993 - current

- Individual psychotherapy for adults
- Couples counselling
- Expert witness service
- Psychodiagnostic evaluation
- Teaching
- Supervision and consultation services

#### Oxleas N.H.S. Trust

May 1996 - January 1998

- Psychodiagnostic assessments
- Individual psychodynamic psychotherapy with adults in a specialist, tertiary Integrated Psychological Therapies Service

## Adult Mental Health, Maidstone Priority Care N.H.S. Trust

November 1991 - April 1996

- Short-term psychotherapy service in primary care
- Long-term individual psychodynamic psychotherapy in multidisciplinary psychotherapy service
- Co-ordinator of psychodiagnostic evaluation service (assessment of patients, supervision of trainees, service planning and co-ordination of staff)

#### Philadelphia Child Guidance Clinic

June 1991 - November 1991

- Structural family therapy with families of children hospitalised with psychiatric problems
- Psychodiagnostic evaluations of children

#### **Internships** (in USA)

#### Widener University Counselling Center

1990 - 1991 3 days a week

- Adult Children of Alcoholics support group
- Individual counselling for Widener students

## Center for Early Childhood Services

1988 - 1990 2 days a week

- Individual play therapy with abused and/or neglected children aged 2 to 6 years
- Psychodiagnostic testing of children aged 2 to 10 years

#### Metropolitan Consultation Associates

1988 - 1989 1 day a week

- Individual psychodynamic psychotherapy in a private out-patient clinic with adults (Employee Assistance Plan)
- Couples and family therapy

## **Charter Fairmount Institute**

1987 - 1988

3 days a week

- Psychodiagnostic testing in a private in-patient setting with adolescents and adults, including dual diagnosis patients (drug and/or alcohol abuse combined with psychiatric problems)
- Group therapy

## **Delaware Valley Psychological Clinics**

1986 - 1987

2 days a week

- Individual psychodynamic psychotherapy in a private out-patient clinic with adults (HMO plan)
- Couples and family therapy

#### **Irving Schwartz Institute**

1985 - 1986

2 days a week

- Individual play therapy with learning disabled children aged 7 to 10 years
- Psychodiagnostic testing

### Previous work experience (prior to qualification)

#### Cassel Hospital, Richmond

1984 - 1985

Nursing Assistant

Psychosocial nursing program in an in-patient psychoanalytic training hospital for adults

## Kensington and Chelsea Housing Department, London

1983 - 1984

Mobile Warden

Community support and emergency services for the elderly at risk

#### Adolescent Unit, Long Grove Hospital, Epsom

1982 - 1983

Nursing Assistant

- Nursing care of an anorexic boy
- Group therapy
- Family therapy
- Individual play therapy

## Sonia Shankman Orthogenic School, Chicago, USA

Summer of 1981 Teaching Assistant

 Providing classroom support in a residential setting with emotionally disturbed adolescents

#### **Publications**

Carstairs, Kari, & Saunders, Felicity (2013). The relationship between chronic pain and depression. *Expert Witness Journal*, *1*, 60-63.

Carstairs, Kari S. (2013). Can the MMPI-2 detect exaggeration in personal injury cases? A brief outline. *Journal of Observational Pain Medicine*, 1, 36-45.

Carstairs, Kari S. & Tubb, Nicholas (2013). Grief stricken: Implications of a proposed new diagnosis of a pathological grief reaction for PI claims. *New Law Journal*, *164*, 158-159.

Fisher, Stephen, Carstairs, Kari, Willner, Paul & Coyne, Iain (2012). *Test Review: Kaufman Brief Intelligence Test, Second Edition (KBIT-2)*. British Psychological Society. Available online at: <a href="http://www.psychtesting.org.uk/test-registration-and-test-reviews/test-reviews.cfm?">http://www.psychtesting.org.uk/test-registration-and-test-reviews/test-reviews.cfm?</a>
<a href="page=cartOptions&Test">page=cartOptions&Test ID=267</a>

Carstairs, K, Beazley Richards, J., Fletcher, E. G., Droscher, H. K. & Ecob, R. (2012). Comparison of MMPI-2 trends in UK and USA parental competency examinees. *Journal of Child Custody*, *9*, 195-200.

Horne, Joanna, Carstairs, Kari, Baron, Helen & Coyne, Iain (2012). *Test Review: Wechsler Adult Intelligence Scale-Fourth UK edition*. British Psychological Society. Available on-line at: <a href="http://www.psychtesting.org.uk/test-registration-and-test-reviews/test-reviews.cfm?">http://www.psychtesting.org.uk/test-registration-and-test-reviews/test-reviews.cfm?</a>
<a href="page=evalsummary&Test">page=evalsummary&Test</a> ID=253

Carstairs, K. (2012). Reviving the Rorschach in the United Kingdom. SPA Exchange, 24, 8.

Carstairs, K. (2012). Review of "Oxford Handbook of Personality Assessment." *Journal of Personality Assessment*, 94, 329-330.

Carstairs, K. (2011). Rorschach assessment of parenting capacity: A case study. *Rorschachiana*, *32*, 91-116.

Carstairs, K. & McCarthy-Woods, J. (2010). Teaching the Rorschach in Hong Kong: A personal account. *Asia Pacific Journal of Counselling and Psychotherapy, 1,* 176-184.

Carstairs, K. (2006). When a baby dies. *PI Focus*, 16, 10-11.

Carstairs, K. (2005). Re S (a child): A psychologist's view. Family Law Journal, 35, 40-43.

Carstairs, K. (1997). The skull as symbol of death in one man's Rorschach. *Rorschachiana: Yearbook of the International Rorschach Society, 22*, 179-197.

Lavender, T., Callanan, M., Carstairs, K., Patel, N. & Thompson, L. (1996). Wechsler Adult Intelligence Scale-Revised as a Neuropsychological Instrument: UK Examiner's Manual Supplement. London: Psychological Corporation.

Carstairs, K., Okocha, C., Hemsley, D., Toone, B. & Sivakumar, K. (1995). An application of Shallice's response selection model to the symptoms of schizophrenia. *Neurology, Psychiatry and Brain Research*, *3*, 211-218.

Elliott, S., Hodgson, C., Carstairs, K., Beach, K., & Parry, S. (1994). Setting up an audit in primary care. *Clinical Psychology Forum*, 65, 7-10.

Carstairs, K. (1992). Paranoid-schizoid or symbiotic? *International Journal of Psycho-Analysis*, 73, 71-85.

Carstairs, K. (1989). Becoming a Clinical Psychologist in the United Kingdom. *Professional Psychology: Research and Practice*, 20, 44-47.

## **Teaching and consultation**

- Speaker. Can the MMPI-2 detect exaggeration in personal injury cases? Presented at the Cambridge Annual Medico-Legal Conference, 13<sup>th</sup> September 2012.
- <u>Poster presentation</u> (with Dr. Sarah Birch). Assessment of personality in parenting capacity cases. Presented at the annual conference for the Society for Personality Assessment, Chicago, 16<sup>th</sup> March 2012.
- <u>Presenter</u>. The WAIS-IV (UK). Presentation to South Thames Learning Disability Faculty of the British Psychological Society. South London & Maudsley NHS Trust, 9<sup>th</sup> November 2010.
- <u>Trainer</u> (with Dr. Justine McCarthy Woods). Level One Training in the Rorschach Comprehensive System, hosted by the Asian Professional Counselling Association at Shue Yan University, Hong Kong. 26<sup>th</sup> to 30<sup>th</sup> May 2010.
- <u>Presenter</u>. Managing information storage in the private sector. Presentation to the psychological therapies staff at Oxleas NHS Foundation Trust, 18<sup>th</sup> March 2009.

- Trainer (with Dr. Justine McCarthy Woods). Projective Techniques workshop series for Applied Psychologists: Level One Training in the Rorschach Comprehensive System, Tavistock Centre, London. 24<sup>th</sup> & 25<sup>th</sup> September & 29<sup>th</sup> & 30<sup>th</sup> October 2009 and 21<sup>st</sup> & 22<sup>nd</sup> October & 18<sup>th</sup> & 19<sup>th</sup> November 2010.
- Member. British Psychological Society Committee on Test Standards from 2009 to 2012.
- Guest speaker. Annual conference for Association of Lawyers for Children. Presentation entitled "The strengths and weaknesses of psychological tests in family cases." 16<sup>th</sup> November 2007.
- Guest lecturer. South London & Maudsley NHS Trust. Teaching assessment of intellectual functioning & report writing to practising clinical psychologists. From 2005 to present.
- <u>Guest lecturer</u>. University of East London. Teaching psychodiagnostic assessment and psychodynamic psychotherapy to counselling psychology trainees. From 2001 to 2002.
- Accredited provider of continuing professional development courses. The Law Society.
   Seminars on psychological assessment for solicitors. From 2000 to 2002.
- <u>Honorary Lecturer</u>. University of Surrey. Teaching assessment of intellectual functioning to clinical psychology trainees. From 1999 to 2005.
- Research co-ordinator for WAIS-III standardisation project. Psychological Corporation. In charge of data collection for the S.E. Thames region. From 1997 to 1999.
- <u>Honorary Lecturer</u>. University of Greenwich. Teaching psychodiagnostic assessment for third year undergraduate students in psychology. From 1996 to 2002.
- <u>Visiting lecturer</u>. South Thames (Salomons) Clinical Psychology training programme, Canterbury Christ Church University College. Seminars for clinical psychology doctoral students in psychometric assessment and the WAIS-R/WAIS-III. From 1996 to 2004.
- Malingering on the MMPI-2. Lecture for South Thames Continuing Professional Development Study Day on Malingering and Emotional Factors in Neuropsychological Test Performance, June 27th, 1997.
- <u>Recruitment of American psychologists</u>. Consultation to Portsmouth Healthcare N.H.S. Trust, January 18th, 1996.
- <u>Clinical training in the use of the Rorschach</u>. Intensive training for psychologists in

- clinical applications of the Rorschach to psychodiagnostic problems, November 1995 to April 1996.
- <u>But it's only an inkblot!</u> Two day introductory workshop on the Rorschach in the Continuing Professional Development program, South Thames Regional Training in Clinical Psychology, May 19th and 26th, 1995.

## **Continuing professional education** (past 2 years only)

- Taboo! LGBTQ Invisibility: 6<sup>th</sup> Psychotherapy and Politics: Psychotherapists and Counsellors for Social Responsibility Conference London, 18<sup>th</sup> May 2013
- The DSM a great work, of fiction? A study of why psychiatry has become bad for our mental health Lecture by Dr. James Davies, London, 11<sup>th</sup> May 2013
- Building Secure States of Mind: An attachment seminar with Dr. Gwen Adshead, London, 20th September 2012
- The therapist's need of the client: what's in it for us? Seminar with Nick Totton, The Relational School, London, 7<sup>th</sup> July 2012
- <u>Case formulation for the Courts</u>, with Dr. Robert Halsey, Carstairs Psychological Associates, Bromley, 3<sup>rd</sup> May 2012
- <u>Use and Abuse of IQ</u>, Dr. Paul Devonshire, Division of Forensic Psychology, British Psychological Society, London, 25<sup>th</sup> April 2012
- Society for Personality Assessment annual conference, Chicago, USA, 15<sup>th</sup> March to 18<sup>th</sup> March 2012
- <u>Case Formulation</u> with Paul Grantham, Skills Development Service, London, 31<sup>st</sup> January 2012
- The First Cambridge Annual Medico-Legal Conference: "A conversation between Medicine and the Law" at Peterhouse College, Cambridge, 30th September 2011
- Workshop on administration and interpretation of the SASSI-3, with Mary Longley from SASSI Direct Limited, 27<sup>th</sup> September 2011.
- An exploration of the examiner/examinee relationship in the forensic interview, a one day workshop with Dr. Joan Lavender, London, 7<sup>th</sup> June 2011