Carstairs Psychological Associates Ltd

7 Mayfield Road, Bromley, Kent, BR1 2HB
Tel / Fax: 020 8325 1697
email: kari@carstairspsych.co.uk
website: www.carstairspsych.co.uk

CURRICULUM VITAE
For
Dr. Kari Carstairs

Qualifications

Diplomate	2011	American Board of Assessment Psychology Speciality: Forensic assessment
Registered Clinical Psychologist	2009	Health & Care Professions Council
Certificate of Expert Witness Accreditation	2004	Cardiff University/Bond Solon
Chartered Psychologist	1993	British Psychological Society
Doctorate in Clinical Psychology	1991	Widener University (USA)
B.A. in Experimental Psychology	1982	University of Oxford

Current Training I am in a four year psychoanalytic training with The Site for Contemporary Psychoanalysis from January 2013.

Awards

Distinction in Clinical Psychology Awarded May 1991 by the faculty at Widener University for highest academic and clinical excellence in psychology

Membership

British Psychological Society (associate fellow)
American Psychological Association (foreign affiliate)
Society for Personality Assessment (fellow)
Expert Witness Institute
British Rorschach Society (President)

Work experience

Company director
Feb. 2006 – current

- Management of a team of associates providing expert witness services in civil, criminal & family cases

Dr. Kari S. Carstairs, Director
Associates: Dr. Sarah Birch, Dr. Velma Bryan, Dr. Jasmin Aquan-Assee
Consultant: Dr. Robert Halsey

Registered in England & Wales No. 5657675

Private practice
April 1993 - current

- Individual psychotherapy for adults
- Couples counselling
- Expert witness service
- Psychodiagnostic evaluation
- Teaching
- Supervision and consultation services

Oxleas N.H.S. Trust
May 1996 - January 1998

- Psychodiagnostic assessments
- Individual psychodynamic psychotherapy with adults in a specialist, tertiary Integrated Psychological Therapies Service

Adult Mental Health, Maidstone Priority Care N.H.S. Trust
November 1991 - April 1996

- Short-term psychotherapy service in primary care
- Long-term individual psychodynamic psychotherapy in multidisciplinary psychotherapy service
- Co-ordinator of psychodiagnostic evaluation service (assessment of patients, supervision of trainees, service planning and co-ordination of staff)

Philadelphia Child Guidance Clinic
June 1991 - November 1991

- Structural family therapy with families of children hospitalised with psychiatric problems
- Psychodiagnostic evaluations of children

Internships (in USA)

Widener University Counselling Center
1990 - 1991 3 days a week

- Adult Children of Alcoholics support group
- Individual counselling for Widener students

Center for Early Childhood Services
1988 - 1990 2 days a week

- Individual play therapy with abused and/or neglected children aged 2 to 6 years
- Psychodiagnostic testing of children aged 2 to 10 years

Metropolitan Consultation Associates
1988 - 1989 1 day a week

- Individual psychodynamic psychotherapy in a private out-patient clinic with adults (Employee Assistance Plan)
- Couples and family therapy

Charter Fairmount Institute
1987 - 1988 3 days a week

- Psychodiagnostic testing in a private in-patient setting with adolescents and adults, including dual diagnosis patients (drug and/or alcohol abuse combined with psychiatric problems)
- Group therapy

Delaware Valley Psychological Clinics
1986 - 1987 2 days a week

- Individual psychodynamic psychotherapy in a private out-patient clinic with adults (HMO plan)
- Couples and family therapy

Irving Schwartz Institute
1985 - 1986 2 days a week

- Individual play therapy with learning disabled children aged 7 to 10 years
- Psychodiagnostic testing

Previous work experience (prior to qualification)

Cassel Hospital, Richmond
1984 - 1985 Nursing Assistant

- Psychosocial nursing program in an in-patient psychoanalytic training hospital for adults

Kensington and Chelsea Housing Department, London
1983 - 1984 Mobile Warden

- Community support and emergency services for the elderly at risk

Adolescent Unit, Long Grove Hospital, Epsom
1982 - 1983 Nursing Assistant

- Nursing care of an anorexic boy
- Group therapy
- Family therapy
- Individual play therapy

Sonia Shankman Orthogenic School, Chicago, USA
Summer of 1981 Teaching Assistant

- Providing classroom support in a residential setting with emotionally disturbed adolescents

Publications

Carstairs, Kari (in press). Book review: Gacono, Carl B. (Ed.) (2016). The clinical and forensic assessment of psychopathy: A practitioner's guide: Second edition. *Journal of Personality Assessment.*

Carstairs, Kari & Birch, Sarah (2015). Assessing a parent's capacity to change in psychotherapy: The use of the Rorschach and the MMPI-2. In Bryn Williams, Emma Peart & Roger Young (Eds.), *Understanding and assessing a parent's capacity to change within the timescales of the child* (pp. 107-121). London: Jordan Publishing.

Carstairs, Kari, & Saunders, Felicity (2013). The relationship between chronic pain and depression. *Expert Witness Journal, 1,* 60-63.

Carstairs, Kari S. (2013). Can the MMPI-2 detect exaggeration in personal injury cases? A brief outline. *Journal of Observational Pain Medicine, 1,* 36-45.

Carstairs, Kari S. & Tubb, Nicholas (2013). Grief stricken: Implications of a proposed new diagnosis of a pathological grief reaction for PI claims. *New Law Journal, 164,* 158-159.

Fisher, Stephen, Carstairs, Kari, Willner, Paul & Coyne, Iain (2012). *Test Review: Kaufman Brief Intelligence Test, Second Edition (KBIT-2).* British Psychological Society. Available on-line at: http://www.psychtesting.org.uk/test-registration-and-test-reviews/test-reviews.cfm?page=cartOptions&Test_ID=267

Carstairs, K, Beazley Richards, J., Fletcher, E. G., Droscher, H. K. & Ecob, R. (2012). Comparison of MMPI-2 trends in UK and USA parental competency examinees. *Journal of Child Custody, 9,* 195-200.

Horne, Joanna, Carstairs, Kari, Baron, Helen & Coyne, Iain (2012). *Test Review: Wechsler Adult Intelligence Scale-Fourth UK edition.* British Psychological Society. Available on-line at: http://www.psychtesting.org.uk/test-registration-and-test-reviews/test-reviews.cfm?page=evalsummary&Test_ID=253

Carstairs, K. (2012). Reviving the Rorschach in the United Kingdom. *SPA Exchange, 24,* 8.

Carstairs, K. (2012). Review of "Oxford Handbook of Personality Assessment." *Journal of Personality Assessment, 94,* 329-330.

Carstairs, K. (2011). Rorschach assessment of parenting capacity: A case study. *Rorschachiana, 32,* 91-116.

Carstairs, K. & McCarthy-Woods, J. (2010). Teaching the Rorschach in Hong Kong: A personal account. *Asia Pacific Journal of Counselling and Psychotherapy, 1,* 176-184.

Carstairs, K. (2006). When a baby dies. *PI Focus, 16,* 10-11.

Carstairs, K. (2005). Re S (a child): A psychologist's view. *Family Law Journal, 35,* 40-43.

Carstairs, K. (1997). The skull as symbol of death in one man's Rorschach. *Rorschachiana: Yearbook of the International Rorschach Society, 22,* 179-197.

Lavender, T., Callanan, M., Carstairs, K., Patel, N. & Thompson, L. (1996). *Wechsler Adult Intelligence Scale-Revised as a Neuropsychological Instrument: UK Examiner's Manual Supplement.* London: Psychological Corporation.

Carstairs, K., Okocha, C., Hemsley, D., Toone, B. & Sivakumar, K. (1995). An application of Shallice's response selection model to the symptoms of schizophrenia. *Neurology, Psychiatry and Brain Research, 3,* 211-218.

Elliott, S., Hodgson, C., Carstairs, K., Beach, K., & Parry, S. (1994). Setting up an audit in primary care. *Clinical Psychology Forum, 65,* 7-10.

Carstairs, K. (1992). Paranoid-schizoid or symbiotic? *International Journal of Psycho-Analysis, 73,* 71-85.

Carstairs, K. (1989). Becoming a Clinical Psychologist in the United Kingdom. *Professional Psychology: Research and Practice, 20,* 44-47.

Teaching and consultation

- Consultant editor for test reviews (forensic). Working with the editorial team of the British Psychological Society's Psychological Testing Centre from January 2015.

- Lecturer. Working as an expert witness. Presentation to counselling psychology trainees, City University, London, 20th February 2014.

- Speaker. Psychological assessment of exaggeration in personal injury cases. Liverpool Law Society, 11th December 2013.

- Speaker. The role of the expert witness in identifying fraudulent chronic pain claims.

Forum of Insurance Lawyers, President's Conference, 28th November 2013.

- Faculty speaker. The challenge of assessing change within a legal framework: Two case examples using the Rorschach. Presented at the Summer Seminars of the International Society of the Rorschach, Porto, Portugal, 21st July 2013.

- Speaker. Can the MMPI-2 detect exaggeration in personal injury cases? Presented at the Cambridge Annual Medico-Legal Conference, 13th September 2012.

- Poster presentation (with Dr. Sarah Birch). Assessment of personality in parenting capacity cases. Presented at the annual conference for the Society for Personality Assessment, Chicago, 16th March 2012.

- Presenter. The WAIS-IV (UK). Presentation to South Thames Learning Disability Faculty of the British Psychological Society. South London & Maudsley NHS Trust, 9th November 2010.

- Trainer (with Dr. Justine McCarthy Woods). Level One Training in the Rorschach Comprehensive System, hosted by the Asian Professional Counselling Association at Shue Yan University, Hong Kong. 26th to 30th May 2010.

- Trainer (with Dr. Justine McCarthy Woods). Projective Techniques workshop series for Applied Psychologists: Level One Training in the Rorschach Comprehensive System, Tavistock Centre, London. 24th & 25th September & 29th & 30th October 2009 and 21st & 22nd October & 18th & 19th November 2010.

- Presenter. Managing information storage in the private sector. Presentation to the psychological therapies staff at Oxleas NHS Foundation Trust, 18th March 2009.

- Member. British Psychological Society Committee on Test Standards from 2009 to 2012.

- Guest speaker. Annual conference for Association of Lawyers for Children. Presentation entitled "The strengths and weaknesses of psychological tests in family cases." 16th November 2007.

- Guest lecturer. South London & Maudsley NHS Trust. Teaching assessment of intellectual functioning & report writing to practising clinical psychologists. From 2005 to present.

- Guest lecturer. University of East London. Teaching psychodiagnostic assessment and psychodynamic psychotherapy to counselling psychology trainees. From 2001 to 2002.

- Accredited provider of continuing professional development courses. The Law Society.

Seminars on psychological assessment for solicitors. From 2000 to 2002.

- Honorary Lecturer. University of Surrey. Teaching assessment of intellectual functioning to clinical psychology trainees. From 1999 to 2005.

- Research co-ordinator for WAIS-III standardisation project. Psychological Corporation. In charge of data collection for the S.E. Thames region. From 1997 to 1999.

- Honorary Lecturer. University of Greenwich. Teaching psychodiagnostic assessment for third year undergraduate students in psychology. From 1996 to 2002.

- Visiting lecturer. South Thames (Salomons) Clinical Psychology training programme, Canterbury Christ Church University College. Seminars for clinical psychology doctoral students in psychometric assessment and the WAIS-R/WAIS-III. From 1996 to 2004.

- Malingering on the MMPI-2. Lecture for South Thames Continuing Professional Development Study Day on Malingering and Emotional Factors in Neuropsychological Test Performance, June 27th, 1997.

- Recruitment of American psychologists. Consultation to Portsmouth Healthcare N.H.S. Trust, January 18th, 1996.

- Clinical training in the use of the Rorschach. Intensive training for psychologists in clinical applications of the Rorschach to psychodiagnostic problems, November 1995 to April 1996.

- But it's only an inkblot! Two day introductory workshop on the Rorschach in the Continuing Professional Development program, South Thames Regional Training in Clinical Psychology, May 19th and 26th, 1995.

Continuing professional education (past 2 years only)

- The Arts of Time: Relational psychoanalysis and forms of vitality in clinical process. International Association for Relational Psychoanalysis and Psychotherapy 13th annual conference, Rome, 9th to 12th June 2016
- Building a culture of relationality. Webinar with Dr Joan Lavender, hosted by The Focusing Institute, New York, 22nd May 2016
- Guiding principles of clinical engagement for exploratory psychotherapies. Webinar with Dr Joseph D. Lichtenberg, 20th November 2015
- Fifth Cambridge Annual Medico-Legal conference: A conversation between Medicine and the Law. Cambridge, 25th September 2015
- Conflict. The Site Annual Conference. London, 16th May 2015

- Society for Personality Assessment annual conference. Brooklyn, New York, USA, 4th March to 6th March 2015
- The Annual Bond Solon Expert Witness Conference. Bond Solon Training. London, 7th November 2014
- Increasing convergence: Psychoanalysis, attachment & neuroscience. A seminar with Prof Jim Hopkins. London, 22nd October 2014
- Expert meetings: Know your opponent. Seminar with Dr Thomas Walford and David Sanderson, Expert Witness Institute. London, 5th June 2014
- Working with panic attacks. Workshop with Joanna Gardner, psychoanalyst. London, 17th May 2014
- Working with Wittgenstein. Workshop with Paul Gurney, psychoanalyst. London, 22nd February 2014
- Working with truth and interpretation. Workshop with Philip Hill, psychoanalyst. London, 25th January 2014